



Heart n
Asc a



American Heart Association.

HOW CAN I LEARN MORE?

- 1 Call 1-800-AHA-USA1 (1-800-242-8721) or visit heart.org to learn more about heart disease and stroke.
- 2 Take a 5-minute survey for Heart Insights e-news for heart patients and their families at HeartInsight.org.
- 3 Join our Support Network for people on their journeys with heart disease and stroke. Visit heart.org/SupportNetwork.

Do you have questions for your doctor or nurse?

Take a few minutes to write down questions for the next time you see your health care professional.

For example:

Will I need angioplasty again?

Could anything go wrong?

We have many other fact sheets to help you make healthier choices to reduce your risk for heart disease, manage your condition or care for a loved one. Visit heart.org/AnswersByHeart to learn more.