

Food Activity
Liability Waiver

I will receive recipes and instruction to help me learn to cook healthy at home and to conduct a healthy cooking demonstration.

By participating in this activity or using the information provided, I acknowledge that there are inherent risks in cooking, which could result in serious injury or death, including but not limited to the risk of allergic reaction to foods, slips, falls, cuts, burns, choking and other accidents and injuries that may arise from the activity of cooking and consuming the foods prepared in the cooking demonstration or at home. I also understand that there are ~~inherent risks in cooking, which could result in serious injury or death, including but not limited to the risk of allergic reaction to foods, slips, falls, cuts, burns, choking and other accidents and injuries that may arise from the activity of cooking and consuming the foods prepared in the cooking demonstration or at home.~~