

Corn –A Whole Grain for Global Nourishment

- A n r V J P R E A S e y

Please answer the questions below before completing Corn–A Whole Grain for Global Nourishment experience.

1.What is your name? _____

2.What is today's date? __/__/____
MM DD YY Y Y

3. Please circle the number that best represents your knowledge of the topic below:

	Low		Medum		High	Not applicable
The health benefits of eating corn versus refined grains	1	2	3	4	5	6
Cooking traditions for corn from other countries around the world	1	2	3	4	5	6

4.PI

healthy	

- A n r V JPOST-Survey

Please answer the questions below ~~after~~ ^{for} complete the Corn-A Whole Grain for Global Nourishment experience.

1. What is your name? _____

2. Please circle the number that best represents ~~your~~ ^{your} knowledge of the topic below:

	Low		Medum		High	Not applicable
The health benefits of eating corn versus refined grains	1	2	3	4	5	6
Cooking traditions for corn from other countries around the world	1	2	3	4	5	6

3. Please circle the number that best represents ~~your~~ ^{your} confidence that you can do the following:

	Not at all confident		Somewhat confident		Very Confident	Not applicable
Cook a healthy meal using corn	1	2	3	4	5	6

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